

# Support available for you this winter

Find out more about the help available to you at  
[www.shropshire.gov.uk/cost-of-living-help](http://www.shropshire.gov.uk/cost-of-living-help)

Tel **0345 678 9012\***

Our cost of living webpages offer advice and information on:

- **Money**
- **Energy costs and advice**
- **Food**
- **Mental health and wellbeing**
- **Support to stay well this winter**

